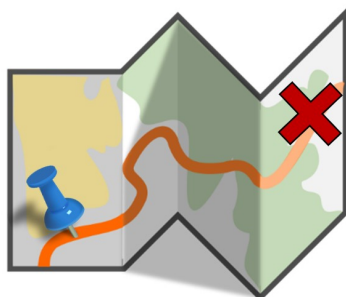


Setting Goals and Action Plans for rehabilitation

1

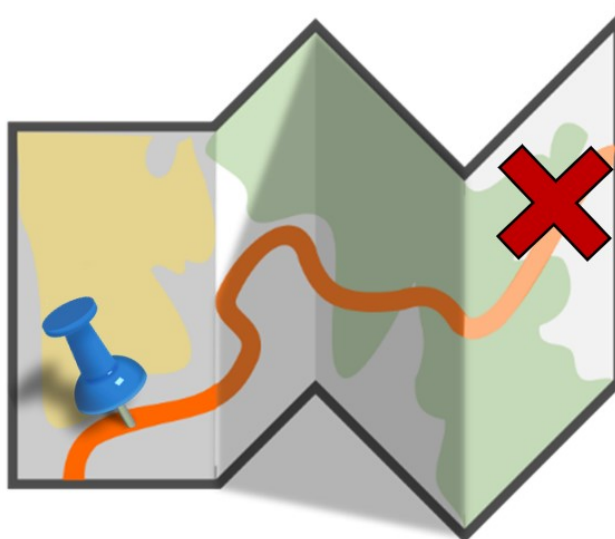
Access G-AP logbook



Reference: Brown SE et al. (2022) Access G-AP: development of an accessible goal setting and action planning resource for stroke survivors with aphasia. *Disabil Rehabil.* doi: 10.1080/09638288.2022.2085331.

With thanks to Speakeasy Aphasia for images

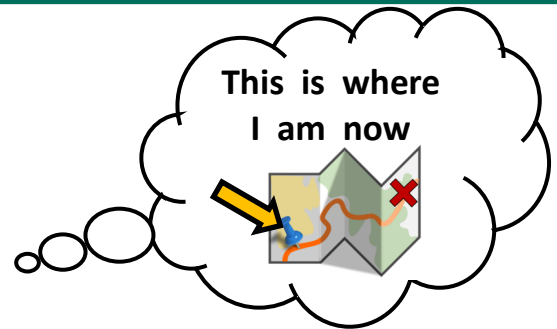
Coming up with the goals



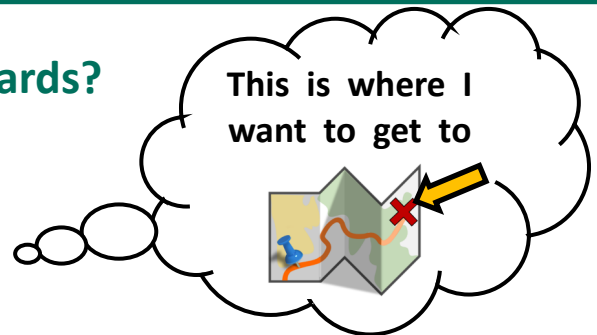
Coming up with the goals



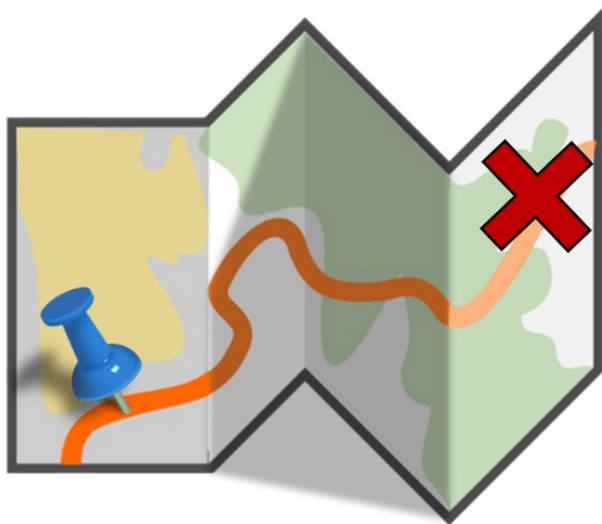
1. How are things going now?



2. What do you want to work towards?



My goals and action plans



My goals



Name: _____

Goal number #	Date set __/__/__	Target date __/__/__	
My goal is...			
Goal achieved?	yes	to some extent	no




Goal number #	Date set __/__/__	Target date __/__/__	
My goal is...			
Goal achieved?	yes	to some extent	no




Goal number #	Date set __/__/__	Target date __/__/__	
My goal is...			
Goal achieved?	yes	to some extent	no




My action plans



Name:

Goal number #	Action plan number #
My action plan is...	
Success?  yes  to some extent  no	

Goal number #	Action plan number #
My action plan is...	
Success?  yes  to some extent  no	



Goal number #	Action plan number #
My action plan is...	
Success?  yes  to some extent  no	



My appointments







My appointments






Date ____ / ____ / ____	Time 
Staff member 	

Date ____ / ____ / ____	Time 
Staff member 	

Date ____ / ____ / ____	Time 
Staff member 	

Date ____ / ____ / ____	Time 
Staff member 	

Date ____ / ____ / ____	Time 
Staff member 	

Date ____ / ____ / ____	Time 
Staff member 