

# My goals



Name:

Goal number #	Date set __/__/__	Target date __/__/__
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My goal is...

Goal achieved?



yes



to some extent












no

# My action plans



Name:

<b>Goal</b>
<b>Action plan number #</b>
My action plan is...
Success?  yes  to some extent  no
<b>Action plan number #</b>
My action plan is...
Success?  yes  to some extent  no
<b>Action plan number #</b>
My action plan is...
Success?  yes  to some extent  no